

Dr. Colleen O'Connor obtained her Honours Bachelor of Science degree in Foods and Nutrition from Brescia University College at Western University before earning a Master of Science degree from the Department of Human Nutritional Sciences at the University of Manitoba. This was followed by a dietetic practicum to complete requirements to become a Registered Dietitian. She worked as a clinical dietitian in various settings before returning to school and completing her Ph.D. from the department of Human Health and Nutritional Sciences at the University of Guelph. She currently holds the position of Associate Professor and Coordinator of Nutrition and Dietetics Undergraduate Programs at Brescia University College, in the School of Food and Nutritional Sciences. She teaches undergraduate and graduate courses in clinical nutrition. Recent research has included interests in nutrition and the built environment, medication interactions affecting vitamin B12 status, perceptions of nutrigenomics of undergraduate dietetic students, effects of smart phone apps on influencing healthy behaviors, and intake of residents in long-term care. She is registered with the College of Dietitians of Ontario and is also a member of Dietitians of Canada and the American Society for Parenteral and Enteral Nutrition. She was awarded the Brescia University College Young Alumni Award of Merit in 2009.